

**A Timeless Roadmap to Masculine
Strength and Purpose**

KINGDOM MEN
R.I.S.E.

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You Were Made for More.

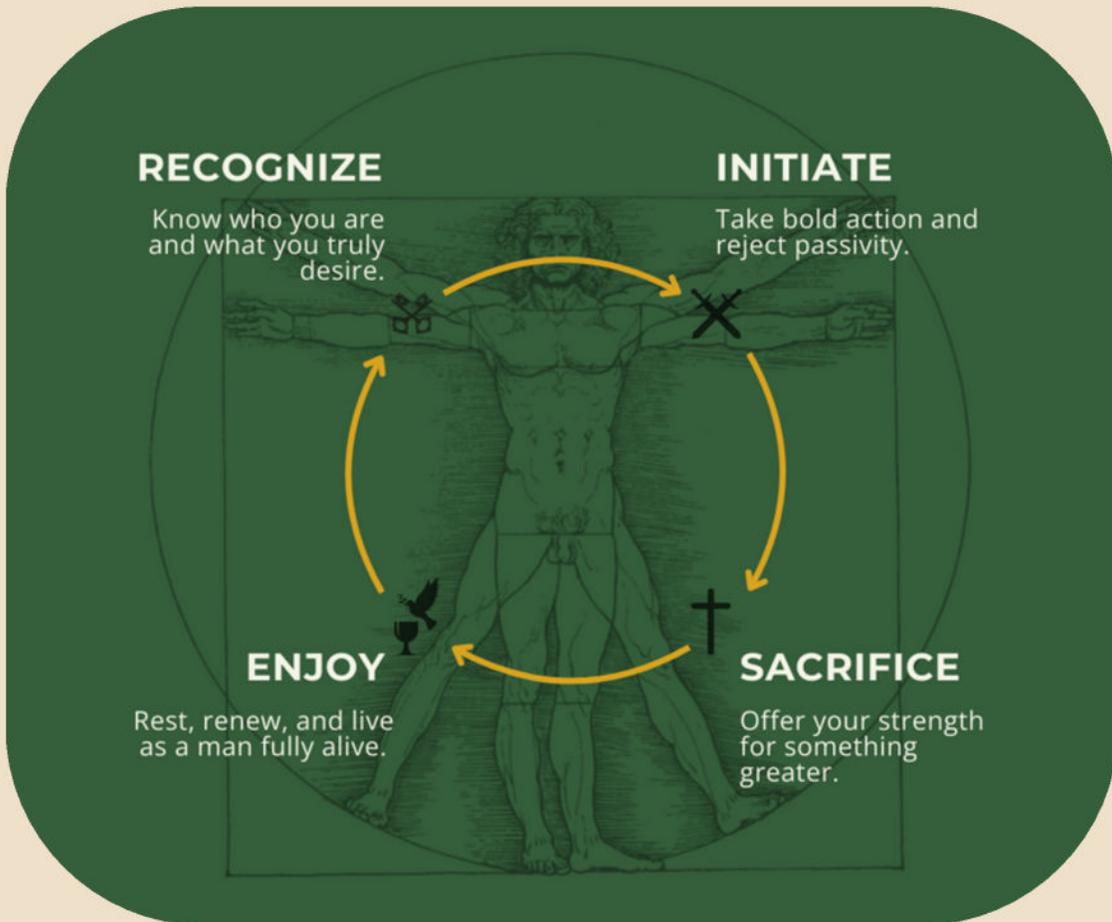
Are You Ready to **RISE**?



Something is missing. Deep inside, you know you were made for more. Yet, like many men today, you may feel **stuck, passive, or uncertain** of your purpose. The world tells men to **shrink back or overcompensate**, while the church often offers little clarity on what **godly masculinity** should look like.

But God did not create you to be lost, weak, or passive. **He designed you to R.I.S.E.**—to step into your full strength, purpose, and mission. **The Kingdom Men R.I.S.E. Framework** is a timeless, **embodied roadmap** to help you **become the man God created you to be.**

Kingdom Men R.I.S.E. Framework



God has written masculine wisdom into the male body and soul. Just as a man must **rise to the occasion, offer his strength,** and **pour himself out for new life to emerge,** so too is he called to **Recognize, Initiate, Sacrifice, and Enjoy** to fulfill his mission in life. The R.I.S.E. model follows the natural design of the male sexual response cycle, revealing a template for how men are meant to live—**fully engaged, fully given, and fully alive.** This is not about mere theory; this is about becoming a strong, whole, and godly man who **leads well, loves deeply, and lives with purpose.**

Recognize – Who You Are & What You Desire

“For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.” Ephesians 2:10



Every man must first **recognize his identity** and **clarify his desires**. Too many men drift through life **disconnected from their true selves**—stuck in false identities, cultural expectations, or silent frustration. But God has given you **unique strength and purpose**.

✓ **Identity** – Who did God create you to be?

✓ **Desire** – What do you deeply long for?

✓ **False vs. True Self** – Are you living fully or hiding behind masks?

What have I been afraid to admit that I truly long for?

Initiate – Reject Passivity & Step Into Action

“Do not merely listen to the word, and so deceive yourselves. Do what it says.” James 1:22



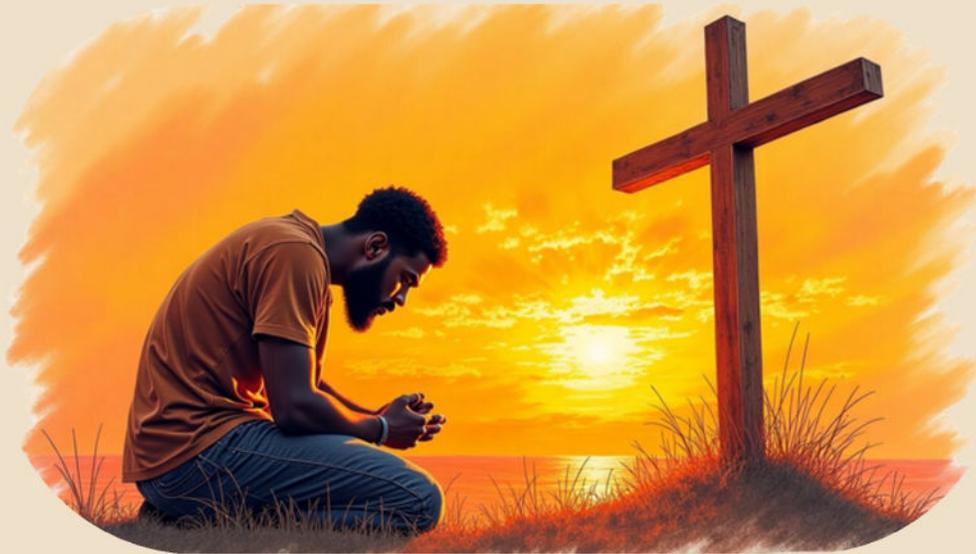
Once you know who you are, **it's time to move**. Masculinity is **active, not passive**. Too many men hesitate, waiting for permission instead of boldly leading in their families, work, and faith. **You must initiate.**

- ✓ **Reject Passivity** – Where have you been holding back?
- ✓ **Step Into Leadership** – Boldly take responsibility for what God has entrusted to you.
- ✓ **Engage the Battle** – Every great mission requires risk and courage.

What's one decision or step I've been avoiding that I know I need to take?

Sacrifice – Offer Your Strength for a Greater Purpose

“If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me.” Matthew 16:24



True masculinity is not about dominance but about **offering yourself**. Men are called to **sacrifice their time, energy, and strength** for what truly matters. This is not weakness—it is the highest form of masculine strength.

✓ **Give Without Losing Yourself** – A holy and living sacrifice is intentional, not burnout.

✓ **Endure Hardship** – Suffering shapes strong men; don't run from it.

✓ **Live for Something Bigger** – If you're not giving yourself to something, you're wasting your strength.

What fear or excuse has kept me from making this sacrifice?

Enjoy – Rest, Renewal, & Living Fully

“Come to me, all you who are weary and burdened, and I will give you rest.” Matthew 11:28



Many men grind endlessly, never allowing themselves to **rest, enjoy, and celebrate**. But renewal is essential to masculine formation. Without it, men burn out, become bitter, or numb themselves with distractions. **Joy makes men strong.**

- ✓ **Sabbath & Rest** – Do you slow down to refuel?
- ✓ **Gratitude & Celebration** – Can you enjoy the good God has given you?
- ✓ **Beauty & Renewal** – Do you seek out what nourishes your soul?

What is one way I can intentionally enjoy the goodness of God this week?

What Happens If You Don't Rise?



A man who does not R.I.S.E. **remains impotent** in every aspect of life. He drifts instead of leading. He watches instead of acting. He withholds instead of offering. And in doing so, he loses the very essence of his **God-given masculinity**.

The Danger of Staying Passive:

- Passivity **kills marriages and families**—your wife and kids need you to lead.
- Hesitation leads to **missed opportunities**—time will pass, whether you act or not.
- Without vision, men turn to **distraction, addiction, and despair**.

But you don't have to stay stuck. **You can R.I.S.E.**

The world needs men who will RISE.
And now is your **time to step up.**



Book A Free Consultation

If you're ready for deeper transformation, let's talk.



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