

THE RISE CRUCIBLE

A SIX-WEEK FORMATION JOURNEY FOR MEN

WEEK 1 — THE THRESHOLD

RECOGNIZE

A clearing moment. Men turn toward desire and name the patterns that have kept them functional, productive, yet subtly divided.

WEEK 2 — THE DOORWAY STEP

RECOGNIZE → INITIATE

Insight gives way to movement. A first, visible step is taken—small, real, and no longer private.

WEEK 3 — CROSSING WITH A PACK

INITIATE

Action becomes steadier. Risk, recovery, and repetition begin to form confidence rather than intensity.

WEEK 4 — THE CRUCIBLE'S EDGE

INITIATE → SACRIFICE

Men discern a meaningful cost—an offering shaped by intention, limits, and purpose.

WEEK 5 — INTO THE FORGE

SACRIFICE

The offering is given. Cost is named and witnessed, allowing strain to be integrated rather than absorbed in isolation.

WEEK 6 — THE TABLE

ENJOY

The journey culminates in reception. Men practice rest, nourishment, and enjoyment—and are oriented toward what comes next.

This is not just a six-week experience to complete. It is a map toward a way of living that can be returned to time and again.

